

Jackson Township Elementary

News from the Principal's Desk

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March**Character Qualities**

- Impartiality
- Respect for Yourself
- Courage
- Kindness

Upcoming Events

March 17-21—Spring Break
March 27—Spring Pictures
March 28—JTE PTO Spring
Carnival

IRead-3

IRead-3 was completed by second and third grade students. Results will be shared with those parents soon.

Turn Off the Screens and Grab a Book!

A clear difference between reading books and screen time is the physical health impact. Prolonged screen use contributes to poor posture, eye strain, and digital eye fatigue, commonly referred to as "computer vision syndrome." Studies have shown that excessive screen time can lead to a variety of physical ailments, including headaches, neck and back pain, and blurry vision.



Reading a physical book, on the other hand, requires less screen time and encourages a more natural posture, which can reduce the risk of the health issues associated with extended device usage. Additionally, the absence of screen light is less disruptive to circadian rhythms, which helps maintain a healthier sleep schedule—and we all know how important a good night's sleep is!

CCHS AND NHS BOYS BASKETBALL — REGIONALS, BABY!

On behalf of Jackson Township, I want to extend our heartfelt congratulations and best wishes as both teams head to Regionals. We are incredibly proud of all the players, especially many of whom are former Jackson Township students. Your hard work, dedication, and teamwork this season have been truly inspiring.

The fact that both Clay County high school basketball teams have made it to Regionals is a tremendous accomplishment and a testament to the strength of our community. We are cheering you on every step of the way and look forward to seeing you continue to shine on the court.

Good luck, and play with pride!

IT'S SPRING BREAK!

As Spring Break approaches, I want to take a moment to express my gratitude for all the hard work and dedication you've shown this semester. It's been a busy time, and this break is a well-deserved opportunity to relax, recharge, and spend time with family and friends.

I encourage everyone to take this time to rest and come back ready to finish the school year strong. We have much to look forward to in the coming weeks, and I'm excited to see all the growth and achievements ahead.

Wishing you a fun, safe, and relaxing Spring Break!